Moscow Parks & Recreation
Winter/Spring 2021/2022

Your Guide to Healthy, Active Fun on the Palouse

In this issue:

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Join us at the HIRC every Tuesday and Thursday morning’s from 8:00AM - 10:00AM for Pickleball
Moscow Parks and Recreation

Staff and Commissions

CITY OF MOSCOW PARKS AND RECREATION

Administration: David Schott, Parks & Facilities Manager; Greg Morrison, Recreation Manager; Tyler Ochoa, Recreation Coordinator; Kristie Ingham, Administrative Specialist; Donna Howard, Administrative Specialist.

Parks & Facilities: Jay Lewis, Facilities Maintenance Supervisor; Scott Fleischman, Facilities Maintenance; Justin Heilman, Facilities Maintenance; Calvin Macy, Parks Supervisor; Patricia Anderton, Parks Maintenance; Roy Bremenour, Parks Maintenance; Zac Carscallen, Parks Maintenance; Gary McKinney, Parks Maintenance; David Miller, Parks Maintenance; Tanner Paulson, Parks Maintenance; Ryan Thompson, Parks Maintenance.

Moscow Parks & Recreation Commission: Unless otherwise announced, the Moscow Parks and Recreation Commission meets the 4th Thursday of every month, except the November and December meetings, which are held jointly on the first Thursday of December.

Commissioners:
- Robby Cooper, Chair
- Justin Minden
- Sara Zaske
- Richard Gayler
- Susan Petersen
- Gina Taruscio, City Council Liaison
- Mark Heinlein
- Susan Steele
- David Schott, Staff Liaison
- Ted Kisha, Vice Chair
- Nancy Tribble
- Jackson Landis (High School Non-Voting)

Moscow Pathways Commission: The Moscow Pathways Commission promotes and advises on the development of a path system in and around Moscow embracing three important community concerns: active transportation, recreation, and resource conservation/enhancement. The Moscow Pathways Commission meets the 2nd Tuesday of each month unless otherwise announced.

Commissioners:
- Erin Bacon
- Tanya Denison, Chair
- Robert Heckendorn
- Judy Brown
- Margaret Dibble
- Sandra Kelly, City Council Liaison
- Becky Chastain
- Jenine Estlick
- David Schott, Staff Liaison

Moscow Tree Commission: The mission of the Moscow Tree Commission is to plan, establish, and help conduct a comprehensive community forestry program for the City of Moscow. By ensuring safe, healthy trees, the community forestry program will enhance the quality of life for all who live, work, and visit the City of Moscow. The Moscow Tree Commission meets the 1st Tuesday of every month unless otherwise announced.

Commissioners:
- Pamela Brunsfeld
- Mary Jo Hamilton
- David Rauk
- Daniel Cronan
- Zena Hartung
- Anne Zabala, City Council Liaison
- Ellis Eifert, Chair
- Jeanne Leffingwell
- David Schott, Staff Liaison
General Information:

Registrations and Reservations

*We strive to provide the most accurate information possible; however, some information may change after this brochure has been published. Moscow Parks and Recreation reserves the right to cancel programs and/or change dates/times/locations as necessary. We will make every effort to notify participants of any changes.*

All presentations of Moscow Parks and Recreation are open to the public, limited by the class guidelines. Participants agree to abide by the fair use provision that any photograph taken by staff during the activity may be used for the promotion of similar activities by the aforementioned agency.

You can register for activities by coming to the Hamilton Indoor Recreation Center (HIRC) during our open hours, or by visiting the City of Moscow’s website http://www.ci.moscow.id.us and clicking on the “Register for Recreation” icon at the bottom of the page. From there you will be directed to our online registration site. Park picnic shelters may also be reserved online. For information on facility reservations, please contact Moscow Parks and Recreation weekdays between 8:00 am - 5:00 pm.

**HIRC Hours of Operation:** Monday-Friday: 8:00am- 10:00pm; **Saturday:** 9:00am – 6:00pm; **Sunday:** 1:00 pm – 5:00 pm.

**Eggan Youth Center Hours of Operation:** Monday - Thursday: 3:00pm- 6:00pm; **Friday:** 2:15pm- 6:00pm. The After-School Program follows the Moscow School District calendar and is open on all days that classes are in session.

**Facilities:** Hamilton Indoor Recreation Center, 1724 East F Street, (208) 883-7084; **Eggan Youth Center,** 1515 East D Street, (208) 883-7084; **Hamilton-Lowe Aquatics Center,** 830 North Mountain View Street, (208) 882-7665 or (208) 882-POOL.

**Rain Out Information:** For information regarding game cancellations due to inclement weather, please visit our website https://www.ci.moscow.id.us/329/Rain-Out or call Moscow Parks and Recreation at (208) 883-7084. Information is generally available by 4:00 pm on game days.

**Refund Policy:** All refunds are subject to a $6.00 administration fee with the exception of cancelled activities or classes.

**Participation Agreement:** I waive and release any and all rights and claims for damages I may have against the City of Moscow, its representatives or assignees for any and all injuries suffered by me/my child while participating in any Parks and Recreation activities. I also give my consent for any emergency medical treatment from medical personnel as approved by a member of the Parks & Recreation staff, in case of me/my child’s injury or illness while participating in Parks and Recreation program. I understand that if possible, I will be immediately notified of any emergency, but this consent is to prevent undue delay and assure prompt attention. I agree to accept responsibility for any medical expenses resulting from such emergency.

I agree that pictures taken during program hours may be used for future promotional purposes.

IN ABSENCE OF SIGNATURE, PAYMENT OF FEES AND PARTICIPATION IN THE PROGRAM SHALL CONSTITUTE ACCEPTANCE OF THE CONDITIONS SET FORTH IN THIS WAIVER AND CONSENT.
Thank You

Moscow Parks and Recreation Appreciates Our Supporters and Volunteers

1912 Center  Jimmy John’s  Paradise Creek Bicycles
Allstate Insurance  KC Enterprises  Paradise Grill and Cafe
American Insurance  Latah Co. Aux Comm. Team  Pepsi
Anatek Labs  Latah Credit Union  Pickard Orthodontics
Anytime Fitness  Latah Title  Pizza Hut
Archer Photography  Len Jessup  Pizza Perfection
Aspen Park Cascadia  Les Schwab Tire Center  Potlatch Federal Credit Union
Avista  McDonald’s Restaurants  Precision Engraving
Bearable Dentistry  Mead + Hunt  Pritchard Art Gallery
Bloom  MOD Pizza  Rosauers
Costco  Moscow Arts Commission  Safeway
Culligan Water  Moscow Auto Service  Shari’s Restaurant
Defy Planet 3 Air Park  Moscow Building Supply  Staples
Eastside Marketplace  Moscow Candy Company  State Farm Insurance
Fairfield Inn and Suites  Moscow Chamber  Stepping Stones
Gail Byers Realty  Moscow Elks Club  Subway
Gambino’s  Moscow Fire Department  The Breakfast Club
GameStop  Moscow Moose Lodge  The Corner Club
Gritman Medical Center  Moscow Mountain Therapy  Tri-State
Hagadone Directories  Moscow Realty  VGH Computer Services
Hahn Rental Center  Moscow Recycling  Wells Fargo
Heart of the Arts, Inc.  Mundy’s Machine & Welding  Wheatland Express
Hyperspud Sports  Palouse Choral Society  Woodbury Tree Farm
Inland Cellular  Palouse Juice  Zions Bank
Jess Ford  Papa Murphy’s  Zumiez
Women of the Moose #710

Employment Opportunities with Moscow Parks and Recreation

The City of Moscow Parks and Recreation Department is seeking energetic, highly-motivated, responsible, team-oriented individuals to join our crew. Positions are posted on the City of Moscow’s website at ci.moscow.id.us, and applications are available on the City’s website, the Hamilton Indoor Recreation Center (1724 East F Street) and at Moscow City Hall (206 East 3rd Street).
Kinderpuppy Obedience
Kinderpuppy Dog Obedience is a class designed to help puppies learn basic socialization skills, as well as train the owners how to work with their dogs. We will work on developing appropriate behavior, shaping the temperament and personality of your puppy, puppy socialization, and basic puppy care. They say that owning a pet is one of the most rewarding experiences people will have. To make sure you will be around for many years, your dog will get you out for walks and require you to live a healthy active lifestyle while bonding with them. Not only does your dog get to learn during this process, but you get to exercise and be active with your dog while training. It is a win/win proposition you cannot pass up. We will teach basic command including Come, Sit, Down, and Stay. During class we will also discuss typical puppy problems including barking, digging, jumping, and dominance issues.
This class is for dogs under six months of age.
Register: December 1- January 25
Ages: Adult
Date: Tuesdays, February 15- March 22
Time: 7:15 PM- 8:00 PM
Location: Eggan Youth Center, 1515 East D Street
Fee: Resident $64.25; Non-Resident $66.25 (Tax Exempt)
Supervisors: Stacey Poler
Min/Max: 5/10

Beginning Dog Obedience
The Beginning Dog Obedience class is designed for dogs of all ages that are just starting to work on obedience. We will work on developing appropriate behavior for your dog, so it can be a good companion both in your home and in the community. They say that owning a pet is one of the most rewarding experiences people will have. To make sure you will be around for many years, your dog will get you out for walks and require you to live a healthy active lifestyle while bonding with them. Not only does your dog get to learn during this process, but you get to exercise and be active with your dog while training. It is a win/win proposition you cannot pass up. This class focuses on training dogs and handlers for basic companion dog commands. You will learn how to train your dog to walk on a leash, sit, lie down, stay, and come when called by using positive reinforcement. This class is an excellent opportunity to work your dog in a controlled situation around many dogs.
Dogs must be over six months of age.
Register: December 1- January 25
Ages: Adult
Date: Tuesdays, February 15- March 22
Time: 8:15 PM- 9:00 PM
Location: Eggan Youth Center, 1515 East D Street
Fee: Resident $64.25; Non-Resident $66.25 (Tax Exempt)
Supervisors: Stacey Poler
Min/Max: 5/10
Advanced Dog Obedience

Advanced Dog Obedience is a class offered for dogs that have already been through a beginning class and have been approved by the evaluator. We will work on refining the behaviors taught in Kinderpuppy Dog Obedience and Beginning Dog Obedience. They say that owning a pet is one of the most rewarding experiences people will have. To make sure you will be around for many years, your dog will get you out for walks and require you to live a healthy active lifestyle while bonding with them.

Not only does your dog get to learn during this process, but you get to exercise and be active with your dog while training. It is a win/win proposition you cannot pass up.

This class is geared towards training the dog for the Canine Good Citizen Test offered by the American Kennel Club. This is an award available to dogs of all shapes, ages, and sizes. The last class will consist of a 10-item test, which your dog must pass for certification.

Register: December 1- January 25
Ages: 16+
Date: Tuesdays, February 15- March 22
Time: 6:15 PM- 7:00 PM
Location: Eggan Youth Center, 1515 East D Street
Fee: Resident $64.25; Non-Resident $66.25 (Tax Exempt)

Supervisors: Stacey Poler

All dog obedience classes are taught by Stacey Poler. Stacey has been teaching at Moscow Parks and Recreation for 10 plus years and has been involved in dog training for more than 15 years. All dogs must be accompanied by a handler of at least 12 years of age. An adult must accompany any handlers under 16 years of age. Please bring shot records, including parvovirus vaccine, Bordetella, and rabies, to the first class. All classes will be held at the Eggan Youth Center, 1515 East D Street.
Youth Sports

K/1st and 2nd/3rd Grade Basketball: Basketball teaches lifetime skills as well as showing children that exercise can be fun! In addition, participating as a child increases the chances that a person will continue to live a healthy, active lifestyle as an adult. In our program, kids learn the fundamentals of basketball, which will help them continue to enjoy the sport and stay active for years to come. With an emphasis on sportsmanship, team spirit, and fun, players learn how to win with grace and lose with honor. A volunteer coach will set practice times, and each team will participate in an eight-game schedule. Mandatory reversible jerseys may be purchased at the Hamilton Indoor Recreation Center for $17.00 (+ tax).

Register: December 1- January 2
Ages: K through 3rd Grade
Time: 5:00 PM- 8:00 PM
Location: Games will begin in early January and are played at the Hamilton Indoor Recreation Center (HIRC). Practices will occur at the HIRC as well.
Fee: Resident $41.00; Non-Resident $42.00 (plus Tax)
Supervisors: Greg Morrison
Min/Max: 25-400

Elks’ Annual Hoop Shoot- It’s time for the annual Moscow Elks’ Hoop Shoot. A Free event for all 8-13-year-old girls and boys residing in the Latah and Whitman Counties! Registration is held the morning of the event. Please bring each participant’s birth certificate and appropriate footwear.
There are 6 divisions:
Boys and girls 8-9 years, 10-11 years, and 12-13 years (age is as of April 1, 2021). Winners will have the opportunity to move on to district, regional and national levels. For more information, check out their website at: elkshoopshoot.org.
DON’T MISS OUT ON THIS FREE EVENT!

Register: Day of Event
Ages: 8-13 Years old
Date: January 22nd
Time: Registration 8:30 am- 9 am; Event Begins at 9:30 am
Location: HIRC
Fee: FREE
Supervisor: Moscow Elks
Micro Soccer: Catch the soccer fever! It's never too soon (or too late!) to embark on a lifetime of healthy activity, and with all the running, turning, twisting, and kicking your kids will do in our Micro soccer program, they will be off to a great start. Micro soccer provides an excellent recreational activity for children with an emphasis on sportsmanship, participation, and team spirit while learning the skills for a lifetime of soccer fun! Each team will practice at least once per week and play one or two games per week. If the weather cooperates, each team will play 8 games during the 5-week season. Please note that your child must be 4 years old as of September 1, 2020 to register for Micro Soccer. All participants must wear a reversible Parks & Recreation shirt which can be purchased at the Hamilton Indoor Recreation Center.

Register: December 1- March 13
Ages: 4 years- 12 years
Time: 5:15 PM or 6:15 PM
Location: Games will be played on the Mountain View Micro Soccer Fields. Practices will be held at the coach's discretion and time.
Fee: Resident: $36.50/person Ages 4-7; $42.50 Ages 8-12 (Plus Tax) Non-Resident: $37.50/person Ages 4-7; $43.50 Ages 8-12 (Plus Tax).
Mandatory Reversible Shirts: $17.00 (Plus Tax)
Supervisors: Greg Morrison/Surf Soccer Club
Min/Max: 20-500

Junior/Senior Fast Pitch League: Girls’ Junior (3rd-5th grades) and Senior (6th-8th grades) Fast Pitch Softball provides girls with an opportunity to learn skills such as throwing, hitting, running, and catching that will help them enjoy this healthy, active, fun sport for a lifetime. Teams from Moscow, Pullman, Kendrick/Julietta, Genesee, Troy and surrounding communities will host games in their respective cities; transportation to and from games is the responsibility of the player. Teams will play 10-12 games and will participate in a tournament at the end of the season. Registration fee includes a team shirt and visor.

Register: December 1- April 10
Ages: Grades 3rd-5th; 6th-8th
Date: League starts in May. Post Season Tournament is the 3rd weekend in June.
Time: Games may start at 4:30 PM
Location: MSD Community Play Fields and League Respective Cities.
Fee: Resident $62.00; Non-Resident $63.00 (Plus Tax)
Supervisors: Greg Morrison/Kurt Dahmen (Pullman Parks & Recreation)
Min/Max: 11/200
**Moscow/Pullman Adult Softball League:** You played softball as a kid...don’t quit being active and having fun just because you’ve grown up! Our Adult Softball League is a healthy, exciting, social activity for adults 16 years and up, and is a great way to help you get your daily workout in!

Registration is by team only, so round up some of your friends and ...LET’S PLAY BALL!

- **Register:** April 1- April 11
- **Ages:** Adult
- **Time:** Tuesday and Thursday’s 6:15 PM- 10:00 PM
- **Location:** TBD
- **Fee:** $833.00 (Plus Tax) Register at the Hamilton Indoor Recreation Center
- **Supervisors:** Greg Morrison
- **Min/Max:** 10/50 Teams

**Co-Rec Volleyball League:** Playing volleyball is always a great way to be active and stay healthy, and in our Co-RecVolleyball league not only will you get to meet new people and get in a good full- body workout, you’ll have fun doing it! This league will be divided into two divisions if interest warrants.

- **Register:** December 1- January 2
- **BY TEAM ONLY**
- **Ages:** 16+
- **Date:** Tuesdays and Thursdays
- **Time:** 8:00 PM- 10:30 PM
- **Location:** HIRC
- **Fee:** Per Team $248.00 (Plus Tax)
- **Supervisors:** Greg Morrison
- **Min/Max:** 6/20 Teams
**Holiday Activities**

**Letters to Santa:** Holiday Greetings from the North Pole! Hey kids, Santa wants to know what you want for Christmas. His elves have set-up special “quick delivery” mailboxes at the Hamilton Indoor Recreation Center to make sure all of your letters get to Santa in time for his deliveries Christmas morning. Whether you are a kid or a kid at heart, drop off your letter in Santa’s mailbox. Enclose a self-addressed stamped envelope and Santa will send you a holiday reply. **November 22- December 22 at HIRC 1724 E F St. or City Hall 206 E. 3rd St. All Ages Welcome.**

**Breakfast with Santa**
- **Register:** Open Now Until Full
- **Ages:** All
- **Date:** Saturday, December 18
- **Times:** First seating: 8:00 am; Second seating: 9:30 am
- **Location:** 1912 Center Great Room
- **Fee:** Residents: $7.50 per person or $26.00 for a family of up to 5 people (plus tax); Non-Residents: $8.50 per person or $27.00 for a family of up to 5 people (plus tax)
- **Hosted by** Santa and Mrs. Claus
- **Min/max:** 20/112 per seating

Join Santa and Mrs. Claus for a morning of fun at the 1912 Center! During breakfast, Santa and Mrs. Claus will be visiting with everyone and spreading their Christmas cheer. Santa will read a book for all the children to hear. All participants will spend some time in the art room where they can color pictures for Santa, Mrs. Claus and the elves or write a letter to Santa. Each child will have the opportunity to sit on Santa’s lap, take a family photo and get a keepsake present from Santa. Heart of the Arts, Inc. is a proud co-sponsor.
Light up the Season Parade
Register: October 1 – December 4
Ages: All
Date: Thursday, December 9 (Rain, Snow or Shine) (date changed)
Times: Activities begin at 5:00 pm. Parade check-in in front of CJ’s 4:00 pm. Parade Float Judging begins at 4:30 p.m. Parade STARTS at 6:00 p.m.
Location: Moscow Main Street
Fee: Free
Supervisor: Tyler Ochoa
Enjoy the holiday season at the Light Up the Season Parade, formerly known as the Moscow Winter Carnival and Light Up the Night Holiday Parade! The parade will begin promptly at 6:00 pm immediately following the lighting of the Winter Wonderland Tree! All are invited to come out and watch the fantastic display of lights. Rumor has it - Santa will be seen in the grand finale! Parties interested in participating in the parade are encouraged to utilize a holiday theme and decorate their entries with lights. Entry forms are available at the Hamilton Indoor Recreation Center, or email Tyler Ochoa at tochoa@ci.moscow.id.us for a digital copy of the form. Entries must be submitted no later than 5:00 pm on December 4th (online submissions accepted). Prizes will be awarded for the Best General Entry, Best Youth Entry, Best Use of Lights, Best City of Moscow Entry, Best Military Entry and Best Business Entry.
Snow Ball - Kids, this is your opportunity to bring that star adult in your life out for a night of memory-making magic with music, desserts, refreshments, and many other surprises to share! Bring a parent, a favorite aunt or uncle, your rockin’ grandma or grandpa…any adult you choose! Whomever you invite, everyone will have fun as we dance the night away to your favorite songs. Tickets for this **formal dance** are limited and must be purchased by January 31st…do not miss out – purchase your tickets early before they are sold out! Children must be registered and attend with an adult. Tickets are not available at the door.

**Registration:** December 1-January 31st  
**Fee:** $28 per adult/child couple; Additional adult or children $11.50  
**Date:** Saturday February 5th  
**Time:** 6:00 p.m. – 8:00 p.m.  
**Location:** Eggan Youth Center  
**Instructor:** Tyler Ochoa / Eggan Staff / Volunteers  
**Min/Max:** 25/72 Couples
Winter Break Kids Kamp: Looking for an active, fun and exciting way for your kids to spend their winter break? Then Winter Kids Kamp is the place for them! Every day will be filled with fun and exciting ways to keep them active along with arts & crafts, cooking, quiet reading and STEM activities. Kampers need to bring the following every day: reading activity, lunch, snack, reusable water bottle and weather appropriate clothing. Program plans and adventures subject to change based on Covid requirements for off-site activities.

Register: Until December 16th
Ages: 6-11 Years
Date: December 20-23 & December 27-30
Time: 7:30 AM- 5:30 PM (No Late Pickups Please)
Location: Eggan Youth Center, 1515 E D St, Moscow
Fee: Resident $22 per day; Non-Resident $23 per day
December 24th & 31st: Resident $11; Non-Resident $12
Supervisors: Eggan Youth Leaders Min/Max: 6/8

Spring Break Kids Kamp: It’s been a year of crazy changes and we are embracing them! Spring Break Kids Kamp is an active, fun and exciting way for your kids to spend their school break. Every day will be filled with fun and exciting ways to keep them active inside and outside! Along with arts & crafts, cooking, quiet reading and STEM activities, we will be adventuring around the community. Kampers need to bring the following every day: reading activity, lunch, snack, reusable water bottle and weather appropriate clothing. Activities and adventures subject to change based on Covid requirements.

Register: Until March 10th
Ages: 6-11 Years
Date: March 14th- March 18th
Time: 7:30 AM- 5:30 PM (No Late Pickups Please)
Location: Eggan Youth Center, 1515 E D St, Moscow
Fee: Resident $22 per day; Non-Resident $23 per day
Supervisors: Eggan Youth Leaders
Min/Max: 6/8
Youth Activities

Kids Night Out:

What does trivia, socks, houseplants, puzzles, and bubble wrap have in common? We are celebrating obscure and unusual days with a monthly themed activity. Focusing on active, healthy living with a twist, the Eggan Youth Leaders are planning games, crafts and activities around the month’s crazy holidays. Who knew that these days existed??? We are using the Holidayinsights.com calendar for inspiration. Every day can be a special day with Moscow Parks and Recreation!

Register: Until Wednesday before event  
Ages: 5-11 Years
Date: January 14, February 11, March 4, April 15 (All Friday's)
Time: 6:00 PM - 9:00 PM  
Location: Eggan Youth Center 1515 E. D. Street, Moscow
Fee: Resident $9.00; Non-Resident $10.00  
Supervisors: Eggan Staff
Min/Max: 7/8

Eggan After School Program:

With games, crafts, and more every day, supervised by the Eggan Youth Center Leaders, the After-School program is the place to be for kids 3rd grade and up… and its FREE! We offer daily activities such as cooking, art, challenges, competition and game. The fun environment includes billiards and ping pong, fuse ball, air hockey, plus the outdoor basketball court and skate park. Eggan Youth Center strives to provide a safe environment with active fun for youth ages 3rd grade to 17 years old every day, after school.

Register: None Needed  
Ages: 3rd Grade+ & their Families
Date: Daily when school is in session  
Time: 3:15 PM - 6:00 PM
Location: Eggan Youth Center 1515 E. D.
Fee: FREE  
Supervisors: Tyler Ochoa & Eggan Staff
Min: 8 Per Day
*New Youth Activities*

**Little Performers** - Little Performers provides children ages 6 – 9 to learn the science of the stage in this dynamic class for young performers and creators! From storytelling, to character development and working with props, students will build confidence and team building skills through collaboration to then put on a small performance to conclude their hard work!

**Registration:** December 1- First day of Session  
**Ages:** 6-9 Years Old  
**Dates:**  
- Session 1: January 10 – February 16  
- Session 2: February 28 – April 6  
**Time:** Mondays & Wednesdays 4:00pm- 5:00pm  
**Location:** Hamilton Indoor Recreation Center – Multipurpose Room  
**Fee:** Resident: $90.00; Non-Resident: $91.00  
**Instructor:** Tiffanie Bird  
**Min/Max:** 5/10

**Theater Makers** - Theater Makers provides children ages 10 – 14 to learn the science of the stage in this dynamic class for young performers and creators! From storytelling, to character development and working with props, students will build confidence and team building skills through collaboration to then put on a small performance to conclude their hard work!

**Registration:** December 1 – First day of session  
**Ages:** 10-14 Years Old  
**Dates:**  
- Session 1: January 10 – February 16  
- Session 2: February 28 – April 6th  
**Time:** Mondays & Wednesdays 5:15pm- 6:30pm  
**Location:** Hamilton Indoor Recreation Center – Multipurpose Room  
**Fee:** Resident: $90.00; Non-Resident: $91.00  
**Instructor:** Tiffanie Bird  
**Min/Max:** 5/10
Youth Enrichment

**Babysitting Training:** This course emphasizes basic first aid and accident prevention around children. Keeping kids healthy and active while they are in the babysitter’s care is as important as their own health. Participants will learn how to negotiate contracts, and conduct themselves ethically, reliably, and responsibly. Course includes personal safety and the use of cell phones plus communications with EMS. Course booklets and handouts are included. Child and infant choking and CPR awareness with discussed. It does include a pretest, final exam, course evaluation, and review of the entertainment box. Participants will receive a certificate upon successful completion of the course. A homework assignment will be sent with registration confirmation. Students will need to bring a box to class as part of the assignment.

**Register:** December 1st - April 6th  
**Ages:** 11 and up  
**Date:** Friday April 8th  
**Time:** 9:00 am- 3:00 pm  
**Location:** Eggan Youth Center 1515 E. D. Street, Moscow  
**Fee:** Resident $50.00; Non-Resident $51.00  
**Instructor:** Judi Dunn Gray  
**Min/Max:** 5/15

**Manners 101:** Manners 101 is an introduction for children to the importance of greeting one another, body language, introductions and learning the importance of table manners. A light snack may be provided for the demonstration. Main Goal…. First impressions count! Proper social skills are just as important as a healthy active lifestyle when growing up!

**Register:** December 1st – March 24th  
**Ages:** 5-7 Years old  
**Date:** March 26th  
**Time:** 9:00 am- 12:00 pm  
**Location:** Eggan Youth Center 1515 E. D. Street, Moscow  
**Fee:** Resident $30.00; Non-Resident $31.00  
**Instructor:** Judi Dunn Gray  
**Min/Max:** 5/15
American Heart Association Classes

AHA Heartsaver CPR and First Aid: In this class you will learn to recognize and provide help during a life-threatening emergency. Participants will receive instruction in CPR, and Basic First Aid for adults, children, and infants. Upon successful completion of the course, you will receive an American Heart Association (AHA) CPR & First Aid Certification card.

Register: Up until the Wednesday prior to each session
Ages: 12 and up (participants under 18 must be accompanied by an adult)
Date: January 22nd, February 19th, March 19th, April 16th.
Time: 9 AM-6 PM
Location: 229 Pintail Lane (Moscow Fire Station 3)
Fee: Resident $80.00 Non-Resident $82.00
Supervisors: Moscow Volunteer Fire and Ambulance Staff
Min/Max: 4/10
Open Life Drawing Studio: Creating art is an excellent way to enhance and express your creativity while relieving stress. Bring the media of your choice (water-based only, please) and join a congenial group of local artists and students to practice drawing, painting, or even sculpting from a live (nude) model. Easels and drawing horses are provided in the studio. A model fee of $2.00 - $5.00 per week (amount dependent upon enrollment) will be collected by the instructor at the first class. A variety of models and poses will be arranged. Instruction and/or critique are available before each session for anyone wishing it. Students must be 18 to enroll. Class is held in room 309 in the Arts and Architecture North building on the University of Idaho campus.

Register: December 1- January 7
Ages: 18 years and older
Date: Saturdays January 8- April 23
Time: 2:00 PM- 4:00 PM
Location: U of I Drawing Studio: Arts and Architecture North, Room 309
Fee: Residents $10.75; Non-Resident $12.75 (Tax Exempt)
Supervisors: Tim Daulton  Min/Max: 5/20
Did you know that socially involved people are 2 - 5 times less likely to suffer heart disease. Join instructor Cherle Poulson and a fun and friendly group of guys and gals in our morning Tone and stretch class! Tone and Stretch is designed to target your core muscles, with elements of yoga and Pilates included to increase flexibility and strength. Use of weights for upper body strengthening is optional. Tone and Stretch supplements your daily routine with stretching and flexibility, and will get your heart rate going for a healthier you. This class will make sure to keep you interested and continuing to live a healthy, active lifestyle - and will make a difference in the physical and mental

Register: December 1 - First day of class
Ages: 18 and up
Date: Session 1 January 5-February 11
   Session 2 February 14- March 25
Time: 9:00 am- 10am
Location: Hamilton Indoor Recreation Gymnasium
Fee: Full session:
   Session 1- $66.50 (17 Days)
   Session 2- $72.00 (18 Days)
Instructor: Cherle Poulson
Min/Max: 8/30
Take a Walk for Autism

World Autism Awareness Day is April 2. Children and adults on the Autism Spectrum need services that can be costly to their family and not always available locally. Participants will join Moscow Police Officers as they take a walk for Autism. Everyone is encouraged to wear blue for Autism.

Walk a 5k or 10k along the Chipman Trail and back again, ending at Ghormley park where you will get to hang out with some of Moscow’s Finest and enjoy food, drinks and fun! Every participant will receive a free t-shirt, and all proceeds will go to benefit the Moscow Chapter of the Fraternal Order of Police who support Autism Awareness.

Please register by March 20th in order to receive a shirt at the event; late registrants will receive their shirt at a later date.

Register: Until March 30th
Ages: All
Date: April 2nd
Time: 11:00 AM
Location: Ghormley
Park Fee: $25.00
Supervisors: Tyler Ochoa
Min/Max: 30
ImPACT Concussion Program

Did you know that research indicates that by the time their high school playing career is complete, more than 60 percent of all teenage athletes will have experienced some type of concussive injury, and these are the known cases while thousands more go unreported. And, did you realize that female soccer players are second only to football players in the incidence of concussions? In addition, athletes under the age of 19 in particular are at risk for Second Impact Syndrome (SIS). Moscow Mountain Sport & Physical Therapy in association with Moscow Parks and Recreation is offering FREE ImPACT testing for all area athletes 7th grade and older. ImPACT is a research-based computer test developed to help clinicians evaluate an athlete’s recovery following a concussion. In the pre-season, each athlete is given a baseline test. When a concussion is suspected during the season, a follow up test is administered to see if the results have changed from the baseline. The comparison helps physicians diagnose and manage concussions including determining when it is safe to return an athlete to play.

All sports and athletes welcome. Tests are just 45 minutes in length. We can do individual testing, or arrange for an entire team to be tested.

Moscow Mountain Sport and Physical Therapy is located at 904 White Avenue. To set up an appointment, please contact Kelly Isakson at 208.882.1426.
POOL PASSES

March Pool Pass Sale!!!! A season pass to the Hamilton-Lowe Aquatics Center is already a great deal, but during the month of March this deal gets even better - purchase your season pass in March and save $10.00! Passes may be purchased at the Hamilton Indoor Recreation Center... but hurry - the sale ends March 31st!

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<th>Household passes include up to 5 family members, residing at the same address at least three months of the year or claimed for income tax purposes. Each additional family member costs $12.75 (resident) or $15.30 (non-resident).</th>
<th>MARCH SALE PRICE (Idaho sales tax added at checkout)</th>
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Celebrate year round by visiting one of Moscow’s many beautiful parks, including three of our newest - each with a different playground for the kids: Itani Park, Morgan’s Orchard Park and Lola Clyde Park! Whether you are looking for a place to romp with the kids, shoot some hoops, enjoy a picnic or take a leisurely stroll, the City of Moscow has a park for you! Each one is a unique, beautiful space with different features to discover.

**Almon Asbury Lieuallen Park (500 Residence Street - 1.57 Acres):** Almon Asbury Lieuallen Park is a small and peaceful park with one of the best views of Moscow Mountain. To get there, turn north on Cherry Street (off of A St.), drive up to the top of the hill and turn right onto Residence Street; the park will be on your left.

**Alturas Technology Park (1241 Alturas Drive - 0.9 Acre):** A quiet sanctuary perfect for the business person to take a quiet break, this park is found at the entrance of the Alturas Technology Park. The presence of the slow streaming water fountain adds an element of peace and tranquility here at Alturas Park.

**Anderson/Frontier Park (890 West Palouse River Drive - 7.99 Acres):** Located within one block of the University of Idaho Arboretum and featuring a covered picnic area and playground, this beautiful park is a great place for families or groups to go outside and play a game of Frisbee or basketball, or take a leisurely walk around the pond and surrounding area.

**Berman Creekside Park (382 Styner Avenue - 4.17 Acres):** Looking for a quiet spot to picnic, take a walk along Paradise Creek or enjoy some beautiful botanicals? This small park has a lot to offer in every season, including a number of sculptures and four themed gardens.

**Dog Park (2019 White Avenue - 1 Acre):** This fenced, off-leash dog park is located next to the Humane Society of the Palouse on White Avenue. Originally a “landfill” area, the City decided to clean out the site and develop it into a great place to bring your dog for some off-leash fun!

**East City Park (900 East 3rd Street - 7.04 Acres):** Relax in the shade of the beautiful trees, or enjoy the many ac
8th Street Reservoir Park (South of East 8th Street past Lynn Street - 0.75 Acre): Reservoir Park can be accessed from 8th Street just east of Lynn Street. The pathway and grassy areas around the reservoir provide a wonderful location to relax and enjoy a peaceful day.

Friendship Square (4th and Main Streets - 0.4 Acre): While shopping in the downtown area, take a break and rest in this quaint little town square. Toss a coin in the fountain and make a wish, or let the children join their friends in the play area. Every Saturday morning during the summer months Friendship Square hosts the annual Moscow Farmers Market, which features local vendors and live entertainment.

Ghormley Park (504 Home Street - 10.54 Acres): This is one of our most active parks with activities for all ages including a playground, softball fields, picnic area, horseshoes pits and more.

Heron’s Hideout (1124 South Mt. View Road- 2.79 Acres): This park is located on the east side of Mountain View Road across from the Fire Station. Relax on the observation platform and view the beautiful birds and other animals that hang out by Paradise Creek.

Indian Hills Park (Corner of South Blaine St. and Indian Hills Drive -1.2 Acres): Featuring two play structures as well as swings, grassy areas to relax in, and a bench where you can sit and enjoy the view.

Itani Park (2006 Itani Drive - .84 Acres): One of Moscow’s newest parks, Itani Park features an accessible path leading to a play structure for kids 2-12 years with both adaptive and standard swings as well as safety surfacing.

Jim Lyle Rotary Park (1100 East F Street - 2.14 Acres): Surrounded by trees, this park provides a large open space for play as well as a playground and picnic area. This brand-new playground is designed for children of all ages-come and play!
Kiwanis Park/Hordemann Pond (2027 East E Street - 2.7 Acres): This park features a small pond encircled by a trail, enabling visitors to view the fish, turtles, and other wildlife that make their home here. To access this park, take D Street east to Harding Street, turn left onto Harding Street and then right onto East E Street. The park is located at the end of E Street.

Lena Whitmore Park (125 South Cleveland Street - 3 Acres): Just behind Lena Whitmore Elementary School is Lena Whitmore Park. There is a nice, grassy area that is perfect for playing, picnicking, or just lying out in the sun on a nice day. This park is used by the school during school hours and is open to the public after school, on weekends and all day during the summer months.

Lola Clyde Park (intersection of North Polk Street and Rodeo Drive - 5.1 Acres): Named for Lola Gamble Clyde, this park has an accessible playground for 2-12-year old’s that features ramps, swings, slides, and a spinner, along with an accessible pathway and safety surfacing.

Lillian Woodworth Otness Park (North Asbury and West A Streets): One of Moscow’s newest parks, located in one of Moscow’s oldest neighborhoods, Lillian Woodworth Otness Park features a playground for children ages 2-5 as well as benches and a pathway that runs alongside Hogg Creek.

Morgan’s Orchard Park (1501 Lanny Lane): This new pocket park is located in the northeast corner of Moscow and features a brand-new playground with safety-tile surfacing. To find it, turn north off of North Mt. View Road onto Slonaker Drive, then west onto Lanny Lane...come check it out!

Mt. View Park (1450 North Mountain View Road - 16 Acres): Located about 1 mile north of Moscow Middle School on North Mt. View Road, this park features playgrounds and picnic tables as well as a shaded group picnic area, all looking out towards the beautiful Moscow Mountain scenery. Paradise Creek and Paradise Path run through this park, which includes large, open, grassy fields for games as well as ball fields for sports.

Skate Park (1515 East D Street - 7000 sf): The Moscow Skate Park sits on the east side of the Eggan Youth Center. The park is made of concrete with several ramps and steel rails and provides challenges for bicyclers, skaters, bladers, and skateboarders.

Triangle Park (1200 Kamiaken Street - 1.75 Acres): If you are looking for a place to bring the family, play Frisbee, or just relax in the sun, this bright triangle of green grass featuring a small playground area is the place for you.

Virgil Phillips Farm Park (5 miles north of Moscow on Hwy 95 - 160 acres): With hiking paths, ponds and wetlands, open fields and forests, this park is home to many native Palouse species such as moose, elk, deer, black bear, and many birds and amphibians.

Vista Park and Reservoir (End of Hathaway Street - 4.56 Acres): With a great view of Moscow and enough green space to play a small soccer game or throw a Frisbee, this little park is nestled in a small housing development just off of Joseph Street. The open space is located at the corner of Kathy and Vista Roads.

Wren Welcome Garden (Intersection of South Jackson Street/Highway 8 and Washington Street - 0.2 Acre): The Wren property is maintained as a green space where its beauty serves as a warm welcome to travelers coming into Moscow.